

Schedule Subject to Change

SHALLOW POOL

Time	M	Tu	W	Th	F	Sat	Sun
5:45	OPEN SWIM M-F 5:45-10am (small pool only)					C L O S E D	C L O S E D
6:00							
6:30							
7:00							
7:30							
8:00							
8:30							
9:00							
9:30							
10:00							
10:30	ADULT TIME ONLY 10-NOON M-F					E D	E D
11:00							
11:30							
NOON							
12:30							
1:00							
1:30							
2:00							
2:30							
3:00							
3:30	Pool Area closed for swim lessons July 6-22, Mon and Wed 4:00pm-6:30pm . One lap lane, hot tub, and saunas open for 18 and up only.					OPEN SWIM Sat 10-5:45 and Sun 1-5:45	C L O S E D
4:00							
4:30							
5:00							
5:30							
6:00							
6:30							
7:00							
7:30							
8:00							
8:30	POOL CLOSSES AT 8:30					5:45	5:45
9:00							

MAIN POOL

Time	M	Tu	W	Th	F	Sat	Sun							
5:45	LAP SWIM AND WATER WALKING LANE 5:45-9					C L O S E D	C L O S E D							
6:00														
6:30														
7:00														
7:30														
8:00														
8:30														
9:00														
9:30								*Hydro 9-9:45 (deep end)	*Aqua 9-9:45 (shallow)	*Hydro 9-9:45 (deep end)	*Aqua 9-9:45 (shallow)	*Hydro 9-9:45 (deep end)		
10:00								*Aqua 10:00-10:45 (shallow)		*Aqua 10:00-10:45 (shallow)		*Aqua 10:00-10:45 (shallow)	LAP SWIM WATER WALK 10-11	
10:30	ADULT TIME ONLY 10AM-NOON M-F					E D	E D							
11:00														
11:30														
NOON														
12:30														
1:00														
1:30														
2:00														
2:30														
3:00														
3:30	Pool Area closed for swim lessons July 6-22, Mon and Wed 4:00pm-6:30pm . *One lap lane, hot tub, and saunas open for 18 and up only.					open swim Sat 11am-5:45pm Sun 2pm-5:45pm	C L O S E D							
4:00														
4:30														
5:00														
5:30														
6:00														
6:30														
7:00														
7:30														
8:00														
8:30	POOL CLOSSES AT 8:30					5:45	5:45							
9:00														

***Only one lap lane available during classes, swim lessons swim team practice and slide time.**

BASKETBALL COURT

Time	M	Tu	W	Th	F	Sat	Sun							
5:45	Endurance Circuit 6-7am					C L O S E D	C L O S E D							
6:00														
6:30														
7:00														
7:30														
8:00														
8:30														
9:00														
9:30								Step Circuit 8:00-9:00	Body Basics 8:45-9:45	Step Circuit 8:00-9:00	Body Basics 8:45-9:45	Step Circuit 8:00-9:00		
10:00								Zumba 9:15-10:15	Tai Chi 10:00-11:30	Zumba 9:15-10:15	Tai Chi 10:00-11:30			
10:30	Tae Kwon Do 5:30-7:00					E D	E D							
11:00														
11:30														
NOON														
12:30														
1:00														
1:30														
2:00														
2:30														
3:00														
3:30	Adult Volley Ball 7:15-9:00					WaterWalk 2 Lap Lanes & Open Swim	Adult Volley Ball 3:00-6:00							
4:00														
4:30														
5:00														
5:30														
6:00														
6:30														
7:00														
7:30														
8:00														
8:30	Adult Volley Ball 6:30-9:00					Adult Volley Ball 6:00	Adult Volley Ball 6:00							
9:00														
	Adult Volley Ball 7:15-9:00					6:00	6:00							

GYM is available for BBALL any time it is not used by recreation or fitness programs. Full court BBALL game is allowed at Supervisor's discretion ***Adult games are for ages 16 & up.**

Children Under 8
Must Be Accompanied By An
Adult(18 Or Older)

**Adult Time is 10AM to Noon
Monday thru Friday.**

**The classes not shown on this brochure
are held in our upstairs classroom.
Body in Balance, Stretch Class, and
Yoga. Please check our class flyer for
more information.**

**Both Pools Are Closed
During Swim Lessons. Adults
(18 and Up) allowed in Hot
Tub, Dry Sauna, Steam
Sauna, and 1 Lap Lane.**

Swim Lessons Schedule

July 6-22
Mondays and Wednesdays
4:00-6:25
Open Registration
June 24th after 6:25pm