

## SHALLOW POOL

| Time  | M   | Tu | W | Th | F | Sat      | Sun      |
|-------|---|----|---|----|---|----------|----------|
| 5:45  | <b>OPEN SWIM,<br/>SMALL POOL<br/>M &amp; W 5:45am-<br/>10am, noon-4:30<br/>and 6:30-8:30</b>  |    |   |    |   | <b>C</b> | <b>C</b> |
| 6:00  |   |    |   |    |   | <b>L</b> | <b>L</b> |
| 6:30  |   |    |   |    |   | <b>O</b> | <b>O</b> |
| 7:00  |   |    |   |    |   | <b>S</b> | <b>S</b> |
| 7:30  |   |    |   |    |   | <b>E</b> | <b>E</b> |
| 8:00  |   |    |   |    |   | <b>D</b> | <b>D</b> |
| 8:30  |   |    |   |    |   |          |          |
| 9:00  |   |    |   |    |   |          |          |
| 9:30  |   |    |   |    |   |          |          |
| 10:00 |   |    |   |    |   |          |          |
| 10:30 | <b>ADULT TIME<br/>ONLY<br/>10-NOON M-F</b>  |    |   |    |   | <b>E</b> | <b>E</b> |
| 11:00 |   |    |   |    |   | <b>D</b> | <b>D</b> |
| 11:30 |   |    |   |    |   |          |          |
| NOON  |   |    |   |    |   |          |          |
| 12:30 |   |    |   |    |   |          |          |
| 1:00  |   |    |   |    |   |          |          |
| 1:30  |   |    |   |    |   |          |          |
| 2:00  |   |    |   |    |   |          |          |
| 2:30  |   |    |   |    |   |          |          |
| 3:00  |   |    |   |    |   |          |          |
| 3:30  |   |    |   |    |   |          |          |
| 4:00  |   |    |   |    |   |          |          |
| 4:30  |   |    |   |    |   |          |          |
| 5:00  |   |    |   |    |   |          |          |
| 5:30  | Pool Area <b>LIMITED</b> for swim lessons<br><b>July 5-21, on Mon &amp; Wed 4:30pm-<br/>6:10pm.</b> One lap lane, hot tub, and<br>saunas open for 18 and up only. |    |   |    |   | <b>C</b> | <b>C</b> |
| 6:00  |   |    |   |    |   | <b>L</b> | <b>L</b> |
| 6:30  |   |    |   |    |   | <b>O</b> | <b>O</b> |
| 7:00  |   |    |   |    |   | <b>S</b> | <b>S</b> |
| 7:30  |   |    |   |    |   | <b>E</b> | <b>E</b> |
| 8:00  |   |    |   |    |   | <b>D</b> | <b>D</b> |
| 8:30  |   |    |   |    |   |          |          |
| 9:00  |   |    |   |    |   |          |          |
|       |   |    |   |    |   |          |          |
|       |   |    |   |    |   |          |          |

## Schedule Subject to Change MAIN POOL

| Time  | M   | Tu | W | Th | F | Sat      | Sun      |
|-------|---|----|---|----|---|----------|----------|
| 5:45  | <b>LAP SWIM AND<br/>WATER<br/>WALKING LANE<br/>5:45-9</b> |    |   |    |   | <b>C</b> | <b>C</b> |
| 6:00  |   |    |   |    |   | <b>L</b> | <b>L</b> |
| 6:30  |   |    |   |    |   | <b>O</b> | <b>O</b> |
| 7:00  |   |    |   |    |   | <b>S</b> | <b>S</b> |
| 7:30  |   |    |   |    |   | <b>E</b> | <b>E</b> |
| 8:00  |   |    |   |    |   | <b>D</b> | <b>D</b> |
| 8:30  |   |    |   |    |   |          |          |
| 9:00  |   |    |   |    |   |          |          |
| 9:30  |   |    |   |    |   |          |          |
| 10:00 |   |    |   |    |   |          |          |
| 10:30 | <b>ADULT TIME ONLY<br/>10AM-NOON M-F</b>                  |    |   |    |   | <b>E</b> | <b>E</b> |
| 11:00 |   |    |   |    |   | <b>D</b> | <b>D</b> |
| 11:30 |   |    |   |    |   |          |          |
| NOON  |   |    |   |    |   |          |          |
| 12:30 |   |    |   |    |   |          |          |
| 1:00  |   |    |   |    |   |          |          |
| 1:30  |   |    |   |    |   |          |          |
| 2:00  |   |    |   |    |   |          |          |
| 2:30  |   |    |   |    |   |          |          |
| 3:00  |   |    |   |    |   |          |          |
| 3:30  |   |    |   |    |   |          |          |
| 4:00  |   |    |   |    |   |          |          |
| 4:30  |   |    |   |    |   |          |          |
| 5:00  |   |    |   |    |   |          |          |
| 5:30  |   |    |   |    |   |          |          |
| 6:00  |   |    |   |    |   |          |          |
| 6:30  |   |    |   |    |   |          |          |
| 7:00  |   |    |   |    |   |          |          |
| 7:30  |   |    |   |    |   |          |          |
| 8:00  |   |    |   |    |   |          |          |
| 8:30  |   |    |   |    |   |          |          |
| 9:00  |   |    |   |    |   |          |          |

**\*Only one lap lane available during classes, swim lessons, swim team practice and slide time.**

## BASKETBALL COURT

| Time  | M                                       | Tu | W | Th | F | Sat      | Sun      |
|-------|---|----|---|----|---|----------|----------|
| 5:45  | <b>Endurance<br/>Circuit<br/>6-7am</b>  |    |   |    |   | <b>C</b> | <b>C</b> |
| 6:00  |   |    |   |    |   | <b>L</b> | <b>L</b> |
| 6:30  |   |    |   |    |   | <b>O</b> | <b>O</b> |
| 7:00  |   |    |   |    |   | <b>S</b> | <b>S</b> |
| 7:30  |   |    |   |    |   | <b>E</b> | <b>E</b> |
| 8:00  |   |    |   |    |   | <b>D</b> | <b>D</b> |
| 8:30  |   |    |   |    |   |          |          |
| 9:00  |   |    |   |    |   |          |          |
| 9:30  |   |    |   |    |   |          |          |
| 10:00 |   |    |   |    |   |          |          |
| 10:30 | <b>Zumba Cardio Party<br/>7:15-8:15</b> |    |   |    |   | <b>E</b> | <b>E</b> |
| 11:00 |   |    |   |    |   | <b>D</b> | <b>D</b> |
| 11:30 |   |    |   |    |   |          |          |
| NOON  |   |    |   |    |   |          |          |
| 12:30 |   |    |   |    |   |          |          |
| 1:00  |   |    |   |    |   |          |          |
| 1:30  |   |    |   |    |   |          |          |
| 2:00  |   |    |   |    |   |          |          |
| 2:30  |   |    |   |    |   |          |          |
| 3:00  |   |    |   |    |   |          |          |
| 3:30  |   |    |   |    |   |          |          |
| 4:00  |   |    |   |    |   |          |          |
| 4:30  |   |    |   |    |   |          |          |
| 5:00  |   |    |   |    |   |          |          |
| 5:30  |   |    |   |    |   |          |          |
| 6:00  |   |    |   |    |   |          |          |
| 6:30  |   |    |   |    |   |          |          |
| 7:00  |   |    |   |    |   |          |          |
| 7:30  |   |    |   |    |   |          |          |
| 8:00  |   |    |   |    |   |          |          |
| 8:30  |   |    |   |    |   |          |          |
| 9:00  |   |    |   |    |   |          |          |

**GYM** is available for BBALL any time it is not used by recreation or fitness programs. Full court BBALL game is allowed at Supervisor's discretion **\*Adult games are for ages 16 & up.**

Children Under 8  
Must Be Accompanied By An  
Adult(18 Or Older)

Adult Time is 10AM to Noon  
Monday thru Friday.

Public Swim Lesson Dates:  
July 5th-21st  
Open Registration starts  
June 23<sup>rd</sup>  
after 6:10pm

Both Pools Are Closed  
During Swim Lessons. Adults (18 and  
Up) allowed in Hot Tub, Dry Sauna,  
Steam Sauna, and 1 Lap Lane.

Classes not seen on this brochure are  
held in our upstairs classroom. They  
are Yoga, core and more and stretch.

Daily admission does not include  
classes. Please see class flyer for drop  
in prices and class information.